

4-H VOLUNTEERS

Volunteers are the heart of Somerset County 4-H. Capable, interested, adult volunteers are always needed to lead clubs and assist with 4-H activities. Orientation is provided, so no previous experience is necessary. 4-H volunteers are supported by professional staff and faculty members of Rutgers University.



4-H FAIR HIGHLIGHT OF THE YEAR



North Branch Park in Bridgewater is the location for the annual 4-H Fair. For three days in August, members display their projects and skills to the public.

TO JOIN OR VOLUNTEER CONTACT:

Somerset County 4-H

(908) 526-6644
or
(908) 231-7000 x7521

E-mail:

SomersetCounty4H@co.somerset.nj.us

Web:

www.4HisTops.org

RUTGERS

New Jersey Agricultural
Experiment Station

Cooperative Extension of
Somerset County
4-H Youth Development Program
310 Milltown Road
Bridgewater, NJ 08807-3587



The 4-H Pledge:

I pledge my **HEAD** to clearer thinking, my **HEART** to greater loyalty, my **HANDS** to larger service, and my **HEALTH** to better living, for my club, my community, my country and my world.

The 4-H Motto:

"To make the best better."

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and County Boards of Chosen Freeholders. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.

RUTGERS
New Jersey Agricultural
Experiment Station

Looking for
something fun to do?

Join 4-H!



It's Exciting!

It's Fun!

It's Tops!

It's for You!

The 4-H Youth Development Program of Rutgers Cooperative Extension uses a learn-by-doing approach to enable youth to develop the knowledge and skills they need to become competent and contributing citizens of the world. Youth in grades 1-13 may participate as members of 4-H clubs.

4-H PREP/CLOVERBUDS

4-H Prep/Cloverbud is a non-competitive, introductory, exploratory program for children in grades 1-3, organized by volunteer adults.



4-H AFTER SCHOOL

After-school clubs are organized to reach the youngsters attending school-age childcare programs in sites throughout Somerset County.

4-H SCIENCE CLUBS

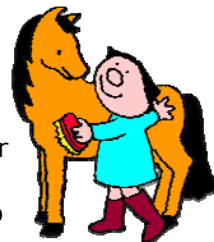
Physical, mechanical, general and environmental science clubs allow budding scientists to learn about go-karts, model trains, planes and rockets. They may explore the workings of the universe, or simply do experiments.



4-H ANIMAL CLUBS



A variety of animal clubs are offered to 4-H members ranging from livestock



to pets. Some clubs offer a loan an animal project for members who wish to join, but do not own the project animal.

4-H EXPRESSIVE ARTS

From creative and performing arts where you can let your imagination soar to cultural arts where your imagination takes you to new places, 4-H members discover unique ways to express themselves.



4-H FOODS, FITNESS & CLOTHING CONSTRUCTION



Do you dream of becoming the next five star chef or high fashion designer? In food and clothing construction clubs, members learn everything from basic sewing to following a recipe.

Fitness clubs offer fun opportunities to develop fitness skills and stay active.



4-H OUTDOOR RECREATION



Get out and enjoy the fresh air with an outdoor 4-H club. Members can hike, fish, explore nature, or test their skill at archery.

4-H also offers camps through out the year for different age groups.

4-H COMMUNITY SERVICE

Community service is an important component in all 4-H clubs. Several clubs for middle and high school students focus on service all year.

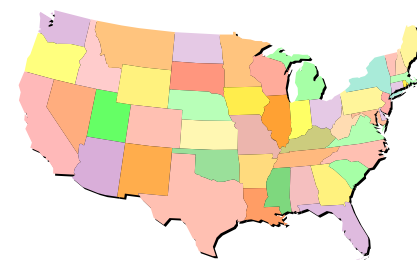


4-H TEEN OPPORTUNITIES

Teens can make a difference in their community, state, and country through the many teen clubs and community service opportunities available.

CULTURAL

Learn about another culture, go on an exchange with 4-H members in other states and countries.



We have a club and program for you!